**Code Book**

(Description and findings about Diabetes in the United States 2018)

1. **Code: diabetes**

Final Documentation Name: DIBEV1

Sample adults aged 18+ years

Instrument Variable Name: DIBEV1

Ever been told that you have diabetes

[If Female, Other than during pregnancy] Have you EVER been told by a doctor or health professional that you have diabetes or sugar diabetes?

Test: Find testing evaluation report at https://wwwn.cdc.gov/qbank/Surveys/NHIS.aspx

1 Yes

2 No

3 Borderline or prediabetes

7 Refused

8 Not ascertained

9 Don't know

1. **Code: computer**

Final Documentation Name: ASICPUSE

Sample adults 18+

How often do you use a computer?

1 Never or almost never

2 Some days

3 Most days

4 Every day

7 Refused

8 Not ascertained

9 Don't know

1. **Code: sleephr**

Final Documentation Name: ASISLEEPN

Sample adults 18+

Hours of sleep

On average, how many hours of sleep do you get in a 24-hour period?

Test: Find testing evaluation report at https://wwwn.cdc.gov/qbank/Surveys/NHIS.aspx

01-24 1-24 hours

97 Refused

98 Not ascertained

99 Don't know

1. **Code:BMI**

Final Documentation Name: BMI

Notes: (1) BMI was calculated using the in-house version of the height and weight variables, which contain the greater range of height and weight values than are available on the public use file. The range of possible BMI values listed (0001-9994) does not reflect actual calculated BMI values at the extremes of the range, but rather, allows for the theoretical possibility of such unlikely values. (2) BMI = [Weight (kg)/[Height(m) squared]] rounded to 2 decimal places. Conversion factors: 1 kg = 2.20462 pounds; 1 meter (m) = 39.37008 inches. For both men and women, underweight is BMI < 18.5; healthy weight is BMI 18.5 to <25; overweight is BMI > = 25 to <30; obese is BMI > = 30.

Recodes: None

ASTATFLG = '1' and (AGE GE '018' and AGE not IN ('997','999'))

Sample adults aged 18+ years

R04 Instrument Variable Name:

Body Mass Index (BMI)

RECODE

0001-9994 00.01-99.94

9995 99.95+

9999 Unknown

1. **Code: depression**

Final Documentation Name: DEP\_1

ASTATFLG='1' and (AGE GE '018' and AGE not IN ('997','999'))

Sample adults age 18+

Instrument Variable Name: DEP\_1

How often do you feel depressed? Would you say daily, weekly, monthly, a few times a year, or never?

Test: Find testing evaluation report at https://wwwn.cdc.gov/qbank/Surveys/NHIS.aspx

1 Daily

2 Weekly

3 Monthly

4 A few times a year

5 Never

7 Refused

8 Not ascertained

9 Don't know

1. **Code: tired**

Final Documentation Name: TIRED\_1

Sample adults age 18+

Instrument Variable Name: TIRED\_1

How often felt very tired or exhausted in past 3 months

In the past 3 months, how often did you feel very tired or exhausted? Would you say never, some days, most days, or

every day?

1 Never

2 Some days

3 Most days

4 Every day

7 Refused

8 Not ascertained

9 Don't know